



Chris is in the kitchen flippin'

FLAP JACKS BUTTERMILK / MULTIGRAIN / SWEET POTATO



Full Stack (3) 5.59 **Half Stack** (2) 4.59

Served w/ butter & syrup. Flap Jacks are topped w/ a dollop of whip cream
* Add 1.00 for Multigrain or Sweet Potato Flapjacks
* Add 1.50 for Gluten Free Flapjacks

Fill Your Favorite Flapjacks with . . .

- * Fruit Combo & Walnuts 7.75/6.75
- * Blueberries 6.99/5.99
- * Bananas 6.99/5.99
- * Strawberries 6.99/5.99
- * Strawberries & Bananas 7.25/6.25
- * Choc. Chip & Banana 7.25/6.25
- * Fruit Combo 7.50/6.50 (Bananas, BB's & SB's)
- * Chocolate Chips 6.25/5.25
- * Walnuts 6.99/5.99
- * Sausage (in the flap Jacks) 7.25/6.25



Chunky Monkey!
* Flap Jacks filled, with Chocolate chips, Bananas, nuts & topped with whipped Cream
7.50/6.50

The BIG Kahuna
Two eggs, two flap jacks, two strips of bacon, sausage, homefries small juice *and* coffee
10.99

Thank you for Not substituting On Kahunas

The Little Kahuna
Two eggs, Two sausage filled flap jacks, homefries, small juice *and* coffee
9.99

Pure Vermont Maple Syrup 2 oz 1.75

WAFFLES: BELGIAN, MULTIGRAIN or SWEET POTATO

Home-made; Sprinkled w/ powdered sugar; Served with butter & syrup 5.95

Top your waffle with . . .

- * Creamed Chipped Beef 8.50
- * Vanilla Ice-cream 7.75
- * Chocolate Chips 6.59
- * Walnuts 7.50
- * Blueberries & Strawberries 7.99
- * Fruit Combo 7.50 & Walnuts 7.75
- * Strawberries 7.29
- * Blueberries 7.29
- * Bananas 7.29
- * Bananas & Strawberries 7.99

FRENCH TOAST or MULTIGRAIN French Toast

Sprinkled with powdered sugar & served with butter & syrup

Full Stack (3 pieces) 6.29 **Half Stack** (2 pieces) 4.99

Topped with : Vanilla Ice-cream 7.95/6.95 Chocolate Chips 6.99/5.99 Walnuts 7.50/6.25 Blueberries, Strawberries, or Bananas 7.29/6.29 Fruit Combo 7.49/6.49 w/ Walnuts 7.75/6.75

Loaded Oatmeal

Topped w/ bananas, strawberries, blueberries, walnuts, raisins, brown sugar & cinnamon 6.99

Home made Plain Oatmeal (Ron's Favorite!)

Served with milk & cinnamon 3.99 W/ Brown Sugar 4.25

ANYTIME BREAKFAST SIDES

- English Muffin 1.95 Sub for toast .50
- Toast Served w/ butter & jelly (white, wheat, rye) 1.
- Muffin du jour! (buttered & grilled) 2.25
- Multigrain Bagel 2.50
- Plain Bagel 1.99 W/ Cream cheese 2.75
- Multigrain or Gluten Free Toast 2.50
- Sub for toast 1.50
- Side Creamed Chipped Beef 4.99
- Bacon, ham, scrapple or sausage 2.89
- Canadian Bacon, or Porkroll 2.99
- Fakin' Bacon, Tempeh, or Meatless Sausage 3.79
- Country Fried Steak 4.49
- Sliced Tomatoes 1.50
- Avocado 2.75

BREAKFAST SANDWICHES

- Two Eggs 2.89 & Cheese 3.69
- Two Eggs & Cheese W/ Pork Roll, Bacon, Ham or Sausage 4.99
- Two Eggs & Cheese with Tempeh, Fakin Bacon or Meatless Sausage 6.99

Juice

Orange ~ V-8 ~ Apple ~ Cranberry
Small 1.95 Large 2.95

Fresh Pressed Carrot Juice

Fresh pressed w/ a hint of apple & celery
Small 3.50 Large 4.50

Organic Orange Mango or Blueberry Acai

Small 3.25 Large 4.25

BREAKFAST FAVORITES

Please order by number. Thank You!



The American Standard #'s 1, 2 & 3
Served w/our own Homefries, Grits or sliced tomato & 1 pc of white, wheat or rye
(Please help us conserve waste, and specify if you would like 2 pieces of toast)

#1 One Egg 3.59



#2 Two Eggs 4.29

#3 Three Eggs 4.79

#4 Breakfast Burrito

Scrambled eggs, cheese, salsa and black beans, wrapped in a flour tortilla 7.99
W/ bacon, ham, or sausage inside 8.99
w/ Tempeh, Fakin Bacon or Meatless Sausage 9.99

#5 Double Header

Two eggs, two pancakes or french toast, homefries or Grits 7.50

#6 Creamed Chipped Beef (homemade!)

Creamy chipped beef on Texas Toast with Homefries 7.99

The Southern Belle

Country Fried Steak
Topped w/creamed
chipped beef
2 eggs any style,
Grits & Toast
10.99

ULTIMATE OMELETS

3 Egg omelets served with homefries, grits or sliced tomato, 1 pc. of toast, butter & jelly
(Please help us conserve waste, and specify if you would like 2 pieces of toast)

Bella Vida's Specialty Featured Omelets



#13 Kayden's Mushroom & Cheese 7.25

#14 The Jersey Jim

Egg Whites, assorted veggies, cheese 7.99

#15 Cheese omelet 6.50

Bacon, ham, scrapple or sausage inside 7.50

#16 Local Yocal Lauren

Broccoli & cheese 7.89

#17 Gregg's Denver Omelet

Ham, onions, peppers 7.29 With cheese 7.89

#18 Louisiana Nena

Hot sausage, onions, peppers, cheese 7.89

#19 Hot Stuff

Hot sausage, Jalapenos, cheese 7.99

#20 Mario's Marvel

Onions, spinach, tomato, mushrooms, cheese 7.59

#21 Margie's Three Cheese Omelet

American, Cheddar and Colby 7.49

#22 Ed's Back Bay Breakfast

Shrimp, Crab, Old Bay, cheese 10.49

#23 Christopher's Choice

Lump Crab, roasted reds, cheese 9.75

#24 Sweet Melissa

Shrimp, lump crab, tomato, cheese, garlic 10.99

#25 The Costa Omelet

Salsa, onions, peppers, cheese 7.99

#26 Margaritas Favorita

Avocado, lump crab, lobster, garlic 13.25

#27 Crab, Florentine w/ Cheese

Crab, spinach, garlic and cheese 9.99

#28 Frutas De Mar (Fruit of the Sea!)

Crab, lobster, shrimp & cheese 13.50

#29 Jeremiah Twenty Nine Eleven

Spinach, tomato, & feta cheese 7.79

Egg Whites add 1.50

NEW

NEW

*Thank you for NOT making substitutions to any of our Specially Featured Omelets!!
But Please feel free to build your own Omelet.....*

B.Y.O.O. Build Your Own Omelet! Start W/ a fluffy three egg omelet 6.25 Then get creative!. Choose: peppers, onions, broccoli, spinach, mushrooms, portabella mushrooms, tomato, home fries, jalapenos, salsa, black beans, zucchini or garlic .50 sour cream, avocado 1. cheese .75 rice cheese, meatless sausage 1.50 bacon, hot sausage, ham, scrapple, sausage, pork roll or tempeh 1. Crab or shrimp 2. Lobster 3. subs: multi-grain bread, bagel or gluten free bread 1.50

On the Fruitie Side

All fruit is fresh, hand cut & varies seasonally

Fresh Lemon Pound cake & Banana Walnut bread plate 3.99 (from Lebus)

Fresh Fruit Plate 7.99 **Fruit Cup** 4.50

"Good and Fruitie"

Our combination fruit & "Le Bus" bread plate! 9.50

Vanilla yogurt 1.95 **W/ Nuts & Raisins** 1.50

Loaded Yogurt Topped w/ bananas, strawberries, blueberries, nuts & raisins 6.99

Side of Strawberries 2.99 **Banana** 1.00

Side of Avocado 2.75

Ala Carte

One Egg 1.99 **Two Eggs** 2.99 **Three Eggs** 3.99

One Flap Jack 1.99

One Flap Jack Filled with your choice of . . .
Fruit, walnuts or choc. chips 3.75

Grits 2.29 **Grits w/cheese** 3.29

Homefries 1.99 **With onions** 2.59

Spicy Homefries w/ Onions 2.79

Bacon, ham, scrapple, sausage 2.89

Canadian bacon or pork roll 2.99

Fakin Bacon, Tempeh, Meatless Sausage 3.79

Country Fried Steak 4.49